

# Overall Results



# 40km

Race No	Name	Sex	Age Cat	Batch	Race Time
7574	TRAVIS STEDMAN	M	Youth	A	2:00:41
92968	JOHANDRE' MARX	M	Junior	A	2:05:36
73472	SAM MOORE	M	Junior	A	2:06:10
46420	KIERAN BLUNT	M	Junior	A	2:06:19
51714	STEFAN VAN DEVENTER	M	Junior	A	2:12:12
46588	DANIEL VAN DER WATT	M	Youth	A	2:12:54
3830	GREGG MCDONAGH	M	Sub Veteran	A	2:13:37
40163	NJABULO CELE	M	Senior/Elite	A	2:15:25
95474	REECE MC CALLUM	M	Junior	A	2:15:39
52197	CHAD STEVENSON	M	Junior	A	2:16:11
52083	MATTHEW OPPERMAN	M	Youth	A	2:16:31
16980	WARREN MOOLMAN	M	Youth	A	2:18:01
17646	TIFFANY KEEP	F	Junior	A	2:18:48
19930	DEAN GREGSON	M	Youth	A	2:19:03
26627	FRANCES JANSE VAN RENSBURG	F	Junior	A	2:20:33
73626	THOMAS CHEATLE	M	Junior	A	2:21:40
11595	MITCHEL POTGIETER	M	Youth	A	2:22:32
13441	ANDREW BATESON	M	Veteran	B	2:23:13
4504	BRENT YELLAND	M	Youth	A	2:23:38
40349	GRANT MULLER	M	Junior	A	2:25:34
4196	BRUCE DORROFIELD	M	Sub Veteran	A	2:29:07
97787	MLUNGISI MAZIBUKO	M	Junior	C	2:29:10
37856	BRODAN SYMONS	M	Junior	A	2:29:53
36842	SVEN VAN ZUYDAM	M	Youth	A	2:29:54
23657	TYRONE PINNOY	M	Veteran	E	2:30:28
19551	MEYCHACK MAJOLA	M	Senior/Elite	A	2:33:32
11703	JOSE DOMINGOS ABREU	M	Veteran	B	2:34:12
13731	BRUCE YELLAND	M	Master	A	2:34:17
13949	ROBERT GREGSON	M	Veteran	B	2:34:22
7575	GREG STEDMAN	M	Veteran	B	2:35:56
98809	SHELDON BODE	M	Veteran	A	2:36:03
35931	ADAM SELICK	M	Youth	B	2:36:36
80498	MARC SNYMAN	M	Sub Veteran	A	2:37:04
16273	CHLOE BATESON	F	Youth	A	2:37:15
73992	ETHAN JACKSON	M	Junior	A	2:37:19
44912	GERHARD GOUS	M	Veteran	A	2:37:32
97729	MICHAEL FOSTER	M	Youth	D	2:38:14
3827	JAMES LYCETT	M	Junior	B	2:38:47
77494	BYRON GRAY	M	Senior/Elite	A	2:39:00
16699	BRENDAN TEMPLE	M	Veteran	D	2:39:46
6489	BRETT VINCENT	M	Veteran	A	2:39:50
95480	GRAEME CLAASSEN	M	Senior/Elite	A	2:39:56
62131	ANDREW MACKINNON	M	Master	B	2:40:55
35284	SPHMANDLA NGUBANE	M	Sub Veteran	B	2:42:20
41390	PETER BAUER	M	Master	A	2:42:44
88152	SUNIQUE VAN DER WALT	F	Youth	A	2:43:51

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10284	AARON BUDKE	M	Junior	B	2:44:14
3579	SEAN STANTON	M	Veteran	D	2:44:31
6116	DAMON CLARK	M	Grand Master	C	2:45:30
4404	BRETT FOURIE	M	Master	D	2:45:32
88109	SPHEPHELO DLAMINI	M	Senior/Elite	D	2:46:13
46253	DANIEL ANASTASIS	M	Junior	B	2:46:57
6282	IAN IVINS	M	Sub Veteran	C	2:47:02
71309	ILSE LONGMORE	F	Sub Veteran	B	2:47:02
8370	RAYMOND MC CALLUM	M	Master	A	2:47:16
58106	MBONGI NDLOVU	M	Sub Veteran	A	2:47:50
6286	BONGANI MAKHATHINI	M	Sub Veteran	E	2:48:02
99507	CAMPBELL VAN ROOYEN	M	Youth	A	2:49:20
36609	LLOYD FOSTER	M	Junior	C	2:49:29
88151	ANJENEL VAN DER WALT	F	Junior	A	2:51:44
47338	RYAN MORTON	M	Veteran	D	2:52:30
19543	MUZI MHLOPHE	M	Junior	A	2:53:10
77838	JOSHUA LUKE BARRETT	M	Youth	B	2:54:50
59483	RUSSELL KNIGHT	M	Veteran	A	2:54:56
3004	SHAUN TISCHENDORF	M	Master	E	2:55:05
65996	JASON BOTHA	M	Sub Veteran	D	2:55:17
9654	SARAH RYAN	F	Youth	A	2:55:30
80974	MIKE VERNES	M	Master	E	2:56:34
5359	SABINE THIES	F	Youth	A	2:56:40
48611	CLINT OUZMAN	M	Veteran	A	2:57:07
54753	INGRID FLINT	F	Master	B	2:57:52
40138	JULIAN SIMON	M	Master	B	2:58:09
8540	ALLEGRA WYKERD	F	Master	B	2:58:20
95588	SEAN DOUGLAS	M	Master	A	2:58:25
58277	ROD WATSON	M	Grand Master	B	3:00:03
98242	CHARLES VILJOEN	M	Veteran	D	3:00:18
8282	HELDER AMORIM	M	Master	D	3:00:19
37041	AINSLI DE BEER	F	Youth	D	3:01:29
44335	LANCE ROBERTS	M	Veteran	A	3:01:34
90627	CHRIS DAVEL	M	Grand Master	A	3:01:48
10183	STRUAN CAMPBELL	M	Veteran	A	3:01:51
7796	DAVE LEES	M	Master	A	3:02:47
15820	CHRISTO DIRKS	M	Master	B	3:03:02
52191	SHAUN MICHAEL HEINZE	M	Grand Master	D	3:05:03
82848	EUODIA SWART	F	Sub Veteran	B	3:05:15
8129	ROSEMARY OWEN	F	Sub Veteran	C	3:05:41
52581	MURRAY BLEWETT	M	Youth	B	3:05:45
4625	LINDSAY WEIR	M	Master	A	3:05:55
15589	DUMISANE HLONGWANE	M	Master	E	3:06:38
95545	ALAN SARKIS	M	Master	B	3:06:45
23260	STEPHANUS JOHANNES VISSER	M	Veteran	A	3:07:25
40455	NIC WENTINK	M	Sub Veteran	E	3:08:35
61723	KEITH DIEDERICH	M	Veteran	A	3:09:00
61721	PAULINE RAINBIRD	F	Veteran	A	3:09:01

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73645	DARREN BEZUIDENHOUT	M	Sub Veteran	C	3:09:41
13919	DALEEN TYLER	F	Veteran	B	3:10:35
47919	CRAIG SOULE	M	Veteran	E	3:11:32
35872	CLINTON EVANGELIDES	M	Grand Master	B	3:11:35
52430	GARRETH KEET	M	Sub Veteran	B	3:11:37
97867	GISELA STEPHENS	F	Master	D	3:11:56
4078	ELMARIE THOLE	F	Master	B	3:12:09
3391	LINDA LEISEGANG	F	Master	B	3:12:09
55904	TJAART VAN ACHTERBERGH	M	Sub Veteran	E	3:13:21
11120	TAKI ANASTASIS	M	Veteran	D	3:14:06
17150	RICHARD DE OUDE	M	Veteran	B	3:14:15
2193	GORDON BELTON	M	Master	D	3:17:19
28938	WERNER VOSLOO	M	Master	C	3:17:44
1652	ASHLEY NESBITT	M	Grand Master	C	3:17:47
6932	ROGER DE BILLOT	M	Master	E	3:18:39
88170	JUSTIN BUIST	M	Senior/Elite	D	3:18:48
26387	QUENTIN FOURIE	M	Veteran	B	3:18:49
34551	CHARL FENSHAM	M	Senior/Elite	B	3:18:52
37359	ANTONY KRUGER	M	Veteran	E	3:19:29
23278	MUSAWENKOSI KHUMALO	M	Senior/Elite	E	3:19:34
12791	ROBIN PURVES	M	Veteran	C	3:20:18
73593	LIEZEL DAVIS	F	Veteran	E	3:20:41
46164	ASHLEY BEGGS	M	Sub Veteran	D	3:20:57
4391	CHERIE LAMUSSE	M	Veteran	D	3:21:00
52553	ANNE BLEWETT	F	Master	C	3:22:28
59010	ANDREW THURTELL	M	Sub Veteran	E	3:22:41
3859	MICHAEL ETCHHELLS	M	Senior/Elite	D	3:22:45
88206	HEINRICH DE VOS	M	Youth	D	3:22:56
2679	PAUL LETANG	M	Grand Master	B	3:23:02
5910	JOSHUA BROPHY	M	Sub Veteran	D	3:23:14
46440	STUART HINSON	M	Master	D	3:23:20
72642	MICHELLE LUIZ	F	Senior/Elite	C	3:23:24
2170	BRADLEY CONLON	M	Veteran	B	3:24:41
8336	BRUNO QUEVAUVILLIERS	M	Grand Master	B	3:24:50
51374	EDWARD JEFFREY	M	Sub Veteran	E	3:24:57
23344	IAN BRAKE	M	Master	D	3:25:02
4325	MICHELLE BISSET	F	Senior/Elite	C	3:25:21
23265	FANIE VAN WYK	M	Master	A	3:25:22
3330	MICHAEL MILLER	M	Veteran	C	3:25:38
27810	CLINTON HOLCROFT	M	Veteran	C	3:25:56
72247	JONATHAN BISSET	M	Sub Veteran	C	3:26:12
16891	JACO SWANEPOEL	M	Veteran	D	3:26:14
22405	KIRSTEN CAMONS	F	Senior/Elite	C	3:28:31
96298	DYLAN LAMB	M	Youth	E	3:29:34
53630	DAVID HANCOCKS	M	Grand Master	B	3:30:56
64003	ANDREW CARR	M	Master	B	3:32:12
47113	MITCHELL ELLISON	M	Youth	C	3:33:50
54365	ALLAN BOTHA	M	Sub Veteran	C	3:33:50

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19892	MATTHEW STEGEN	M	Sub Veteran	E	3:34:22
16203	MATTHEW STRYDOM	M	Veteran	B	3:34:39
8217	JOHN STRACHAN	M	Grand Master	C	3:34:54
85298	ROGER PAINE	M	Veteran	D	3:35:47
40719	RAMSAMY GOVENDER	M	Grand Master	D	3:35:56
3836	LARS JERG	M	Master	D	3:36:10
3133	ALAN BISSETT	M	Grand Master	C	3:37:24
70781	PAUL BASFORD	M	Master	B	3:37:29
24068	ZARA INGLIS	F	Youth	B	3:37:30
85403	SANDY INGLIS	M	Master	B	3:37:30
2181	RUSSELL SMITH	M	Master	B	3:38:09
53214	KYRAN ALDWORTH	M	Senior/Elite	D	3:38:13
50566	RUSSELL HOVE	M	Veteran	B	3:40:19
28528	JEAN OSBORNE	F	Veteran	D	3:40:35
3909	DUSTIN MILLS	M	Sub Veteran	E	3:41:31
5706	COLIN EVERSON	M	Grand Master	C	3:41:41
95869	CEDRIC MACDONALD	M	Veteran	D	3:42:21
3843	RICHARD ELLISON	M	Master	C	3:43:33
61671	SERGIO CUNHA	M	Sub Veteran	C	3:44:15
5681	CARLA HALL	F	Veteran	C	3:44:18
21561	DERMOT QUINN	M	Grand Master	C	3:44:22
50324	JAUN ACKERMAN	M	Veteran	C	3:44:24
3431	GERALD WHEELER	M	Veteran	C	3:45:36
3430	BEVERLEY WHEELER	F	Veteran	C	3:45:39
62544	SHAREEN SNYMAN	F	Sub Veteran	B	3:46:08
70095	JUDY GOUS	F	Veteran	A	3:46:10
17137	SIMON MICHEL	M	Veteran	A	3:46:15
58555	GERHARD KILIAN	M	Grand Master	E	3:47:30
19590	SHARON BELL	F	Master	D	3:47:49
24498	GRAHAM BOTHA	M	Master	E	3:49:12
47921	JOSHUA SOULE	M	Junior	E	3:49:42
97698	PIERRE VAN DER MERWE	M	Sub Veteran	B	3:50:23
13186	CHRIS MAWBEY	M	Master	A	3:51:09
6064	GEORGE DE BEER	M	Grand Master	E	3:51:39
64244	SAMUEL KYNOCH	M	Veteran	D	3:53:33
40600	GRANT COLLIER	M	Veteran	C	3:54:20
32366	MICHAEL NELSON-PALMER	M	Sub Veteran	B	3:55:36
24345	TYRONE PATRICK	M	Veteran	B	3:55:46
2946	TJAART COETZEE	M	Master	C	3:56:10
3930	ANNMARIE BATEMAN	F	Master	D	3:56:21
36067	ANDRE BARRY DE BEER	M	Veteran	D	3:56:31
75136	LUKE RALL	M	Youth	D	3:56:59
81317	JADE STRACHAN	F	Veteran	C	3:57:17
64826	BRUCE KNOWLES	M	Master	B	3:59:16
18054	GRAEME YATES	M	Master	E	4:01:04
84940	ZACH VAN GREUNING	M	Master	C	4:01:58
61325	RYAN KING	M	Veteran	E	4:03:10
42825	ROD BLAKE	M	Grand Master	B	4:03:58

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8078	GRANT TARPEY	M	Master	B	4:04:32
40156	LEE PINCUS	F	Veteran	C	4:04:35
40156	LEE PINCUS	F	Veteran	C	4:04:41
72689	KEVIN LONGMORE	M	Veteran	D	4:05:03
20243	STEPHAN MAARTENS	M	Youth	B	4:06:34
21429	JASON HOSSACK	M	Sub Veteran	C	4:08:19
59167	ILZE COETZEE	F	Master	D	4:08:55
2259	FREDERICK COETZEE	M	Master	D	4:08:55
82522	BRENDON ASHWELL	M	Veteran	D	4:09:08
97938	COLE KNOWLES	M	Senior/Elite	B	4:10:22
5705	TERRY EVERSON	F	Grand Master	C	4:11:02
26554	BRUCE MASON	M	Veteran	E	4:13:21
84809	GARTH MASON	M	Sub Veteran	E	4:13:24
44903	KIRSTEN MARTEGOUTTE	F	Veteran	D	4:15:49
61596	KEVIN FORBES	M	Veteran	E	4:17:55
96245	MARK PATTISON	M	Master	D	4:18:05
85412	SHARON FAY	F	Veteran	D	4:18:06
48470	JOHANNES GERHARDUS BOTHA	M	Veteran	D	4:18:25
8930	BRENDON BEUKES	M	Veteran	E	4:20:17
77178	CANDICE HANSON	F	Sub Veteran	C	4:20:41
2332	SANDRA YOUNG	F	Master	B	4:20:54
41766	WARREN LEROUX	M	Senior/Elite	D	4:23:06
71666	COLIN MCLAREN	M	Veteran	D	4:23:23
95890	LANCE ARNOLD	M	Youth	C	4:23:24
59517	DEREK RALL	M	Master	D	4:24:43
93813	MOHAMED RIYAAZ KHAN	M	Sub Veteran	C	4:25:49
93812	GARY MORRIS	M	Grand Master	C	4:25:52
70125	RAVEN PAICE	M	Veteran	C	4:25:54
17742	CRAIG RUDDER	M	Veteran	B	4:26:18
33477	MATTHEW MCCLEARY	M	Youth	C	4:27:26
58246	RICHARD LEASK	M	Grand Master	D	4:27:35
13813	CRAIG BULL	M	Veteran	D	4:29:38
75134	MATTHEW RALL	M	Youth	C	4:29:50
36602	VANESSA COLLOCOTT	F	Veteran	E	4:31:21
40157	ADAM PINCUS	M	Veteran	C	4:32:01
38127	CAL SNOW	M	Sub Veteran	D	4:32:13
47182	LYLE COLLINS	M	Master	B	4:33:00
7481	JOSE DE PAIVA	M	Veteran	C	4:34:02
55253	MANDY PRESTON	F	Sub Veteran	D	4:36:17
15074	NATHAN SURIAN	M	Youth	C	4:36:58
82678	BRADLEY COLLINS	M	Youth	C	4:40:02
70615	KEVAN COLLOCOTT	M	Master	E	4:40:20
98804	WARREN SELLARS	M	Sub Veteran	C	4:41:22
92766	TYRON WALKER	M	Veteran	C	4:43:59
84234	DAVID JONES	M	Veteran	C	4:44:15
70428	JANINE JOHNS	F	Sub Veteran	D	4:48:25
27259	MELISSA FAULKNER	F	Veteran	D	4:48:32
10450	KYLE BULLOCK	M	Youth	C	4:53:08

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36593	DONOVAN MCGILL	M	Veteran	C	4:54:13
35889	M LAVANGEE	M	Veteran	C	4:54:17
75193	JORDAN COLLOCOTT	M	Junior	B	4:55:27
53546	TIMOTHY SLABBERT	M	Master	E	4:59:40
17465	MARILIZE VAN ZYL	F	Junior	C	5:04:46
12742	JOHAN VAN ZYL	M	Veteran	C	5:10:06
4618	LYNDA WEIR	F	Master	C	5:11:51
67827	JUSTIN ROSE	M	Senior/Elite	D	5:14:53
53545	MALCOLM HARRIS	M	Master	E	5:17:10
18956	JANS NAUDE	M	Veteran	E	5:32:59
47920	MARIA-ROSA SOULE	F	Veteran	E	5:35:01
9762	TONY KRAUSE	M	Master	D	5:35:24
9761	MARINA ERIKSEN-MILLER	F	Master	D	5:35:29
33118	DALEEN VAN DER MERWE	F	Veteran	D	5:38:27
71654	TYRON WETHERILL	M	Veteran	C	5:43:31
9787	TANYA LUTTIG	F	Master	D	5:46:09
74946	CLIVE BRADLEY	M	Grand Master	D	5:46:32
13427	RENE TUPPER	F	Master	D	5:49:12
75955	MARLENE ELSIP	F	Sub Veteran	C	5:55:16

# MTB

Ov Pos	Age Pos
1	1
2	1
3	2
4	3
5	4
6	2
7	1
8	1
9	5
10	6
11	3
12	4
1	1
13	5
2	2
14	7
15	6
16	1
17	7
18	8
19	2
20	9
21	10
22	8
23	2
24	2
25	3
26	1
27	4
28	5
29	6
30	9
31	3
3	1
32	11
33	7
34	10
35	12
36	3
37	8
38	9
39	4
40	2
41	4
42	3
4	2

# MTB

43	13
44	10
45	1
46	4
47	5
48	14
49	5
5	1
50	5
51	6
52	7
53	11
54	15
6	3
55	11
56	16
57	12
58	12
59	6
60	8
7	3
61	7
8	4
62	13
9	1
63	8
10	2
64	9
65	2
66	14
67	10
11	5
68	15
69	3
70	16
71	11
72	12
73	4
12	2
13	3
74	13
75	13
76	14
77	15
78	17
79	9
80	18
14	1



# MTB

81	10
15	2
82	19
83	5
84	11
16	3
17	4
18	5
85	12
86	20
87	21
88	16
89	17
90	6
91	18
92	6
93	22
94	7
95	23
96	8
97	24
19	3
98	13
99	25
20	6
100	14
101	9
102	14
103	7
104	15
105	19
21	1
106	26
107	8
108	16
109	20
22	2
110	21
111	27
112	28
113	17
114	29
23	3
115	15
116	9
117	22
118	16
119	18

# MTB

120	19
121	30
122	10
123	31
124	11
125	23
126	12
127	24
24	6
128	25
129	26
130	10
131	32
25	4
132	20
133	13
134	33
135	27
136	21
26	5
137	14
138	34
139	35
27	6
28	4
29	7
140	36
141	15
30	7
142	28
143	17
144	22
145	29
146	16
147	37
148	38
149	23
150	39
151	30
31	8
152	40
153	17
32	8
154	31
155	32
156	33
157	41
158	17

# MTB

159	34
33	9
34	10
160	42
161	18
162	24
35	9
163	35
164	43
165	11
36	1
166	44
167	25
37	11
168	45
169	36
38	12
170	46
171	47
39	5
40	10
172	12
173	48
174	19
175	37
176	26
177	18
178	49
179	50
180	20
181	19
182	51
183	21
41	13
184	52
185	27
186	38
187	53
42	6
188	22
189	23
190	39
191	28
192	54
193	55
43	7
44	14
194	24

# MTB

195	56
196	57
197	18
198	40
45	4
199	58
46	11
200	13
201	41
202	59
47	15
203	42
48	12
49	16
204	60
50	13
205	20
51	14
52	8